

COMPANY NAME (PUBLIC NAME)	EXCHANGE MARCH	SYMBOL	TYPE OF SALES	2005 YEAR END	CHANGE	PE RATIO	EPS	52 WEEK HIGH	52 WEEK LOW	NOVEMBER MONTH CLOSE	DECEMBER MONTH CLOSE	MONTH % CHANGE	YTD % CHANGE
AMS HEALTH SCIENCES, INC	AMEX	AMM	NM	0.72	-25%	N/A	-0.29	1.19	0.40	0.53	0.54	2%	-25%
AVON PRODUCTS, INC.	NYSE	AVP	DS	28.55	16%	31	1.06	34.25	26.16	32.64	33.04	1%	16%
BRAIN GARDEN (FOREVERGREEN)	OTC BB	FVRG.OB	NM	0.125	1300%	N/A	N/A	1.80	1.73	1.65	1.75	6%	1300%
COGNIGEN NETWORKS	OTC BB	CGNW.OB	NM	0.2	-66%	N/A	0.17	0.26	0.06	0.125	0.068	-46%	-66%
ESSENTIALLY YOURS (EYI INDUSTRIES)	OTC BB	EYII.OB	NM	0.025	-70%	N/A	N/A	0.40	0.01	0.007	0.0075	7%	-70%
FEMONE INC., BIO PRO (ACTIS GLOBAL VENTURE)	OTC BB	AGLV.OB	NM	0.0115	-65%	N/A	N/A	0.11	0.01	0.0033	0.004	21%	-65%
FULLER BRUSH & STANLEY HOME (CPAC INC.)	NASDAQ	CPAK	DS	4.05	111%	15	0.56	8.88	3.52	7.01	8.54	22%	111%
HERBALIFE LTD.	NYSE	HLF	NM	32.52	23%	23	1.78	41.34	27.73	38.96	40.16	3%	23%
MANNATECH	NASDAQ	MTEX	NM	13.81	7%	12	1.23	20.25	10.99	14.92	14.73	-1%	7%
NATURAL HEALTH TRENDS	NASDAQ	BHIP	NM	9.65	-84%	N/A	-1.54	12.09	1.26	1.41	1.5	6%	-84%
NATURE'S SUNSHINE PRODUCTS	OTC BB	NATR.PK	NM	18.08	-36%	N/A	N/A	18.88	7.83	11.20	11.55	3%	-36%
NU SKIN ENTERPRISES, INC.	NYSE	NUS	NM	17.58	4%	40	0.46	19.71	13.40	19.18	18.23	-5%	4%
PRE PAID LEGAL SERVICES	NYSE	PPD	NM	38.21	2%	12	3.32	45.10	32.15	41.52	39.13	-6%	2%
RELIV' INTERNATIONAL	NASDAQ	RELV	NM	13.18	-34%	19	0.47	18.69	6.46	8.97	8.68	-3%	-34%
RBC LIFE SCIENCES INC	OTC BB	RBCL.OB	NM	0.74	-72%	12	0.02	1.40	0.28	0.35	0.21	-40%	-72%
TUPPERWARE	NYSE	TUP	PP	22.40	1%	16	1.40	23.60	17.06	21.23	22.61	7%	1%
USANA, INC.	NASDAQ	USNA	NM	38.36	35%	24	2.14	52.84	35.06	48.38	51.66	7%	35%
USBORNE BOOKS AT HOME	NASDAQ	EDUC	PP	8.10	-10%	12	0.61	8.85	6.10	6.83	7.25	6%	-10%
VITACUBE SYSTEMS HOLDINGS (XLER8)	AMEX	PRH	NM	1.36	-54%	N/A	-0.50	1.90	0.19	0.36	0.62	72%	-54%
<b>REVENUE FROM DS,NM,PP LESS THAN 50% OF TOTAL REVENUE</b>													
CARE ENTREE (PRECIS, INC.)	NASDAQ	PCIS	NM	1.54	34%	N/A	-0.23	2.74	0.85	1.58	2.06	30%	34%
DARIUS/INNERLIGHT (QUIGLEY CORPORATION)	NASDAQ	QGLY	NM	13.82	-59%	N/A	0.07	15.95	5.31	7.60	5.69	-25%	-59%
KIRBY,WORLD BOOK, PAMPERED CHEF (BERKSHIRE HATHAWAY INC.)	NYSE	BRK-A	PP	88,620.00	24%	13	8,150.29	114,500.00	85,400.00	107,100.00	109,990.00	3%	24%
TAKE SHAPE FOR LIFE (MEDIFAST, INC.)	NYSE	MED	NM	5.24	140%	31	0.40	21.15	5.10	13.05	12.58	-4%	140%
PARTYLITE (BLYTH INDUSTRIES INC.)	NYSE	BTH	PP	20.95	-1%	N/A	-3.30	26.25	16.29	25.42	20.75	-18%	-1%
PRIMERICA FINANCIAL SERVICES (CITIGROUP INC.)	NYSE	C	NM	48.53	15%	12	4.65	57.00	44.81	49.59	55.7	12%	15%
TIENS BIOTECH GROUP	AMEX	TBV	NM	3.62	9%	11	0.36	8.24	2.61	3.13	3.93	26%	9%
TIME-LIFE DIRECT, SOUTHERN LIVING AT HOME (TIME WARNER INC.)	NYSE	TWX	DS	17.44	25%	15	1.45	22.25	15.70	20.14	21.78	8%	25%
<b>FOREIGN STOCKS**</b>													
GOLDSHIELD GROUP PLC (GOLDEN PRIDE RAWLEIGH)	LONDON	GSD.L	NM	7.17	-27%	N/A	N/A	7.01	4.43	5.93	5.21	-12%	-27%
NATURA COSMETICS	SAO PAOLO	NATU3.SA	DS	1.91	757%	N/A	0.00	14.79	8.89	14.58	14.46	-1%	757%
TELECOM PLUS plc	LONDON	TEP.L	NM	2.55	50%	N/A	N/A	3.94	1.70	2.73	3.82	40%	50%
ORIFLAME COSMETICS	STOCKHOLM	ORI-SDB.ST	NM	33.44	20%	N/A	0.00	43.02	30.84	37.64	40.25	7%	20%
L'OREAL (BODY SHOP AT HOME)	PARIS	OR.PA	PP	12.64	N/A	N/A	0.00	16.87	12.64	15.27	15.23	0%	20%
<b>AVERAGE % OF CHANGE</b>													
<b>DOW JONES INDUSTRIALS</b>				12,463.15	15%			12,566.20	10,607.40	12,221.93	12,463.15	2%	0%
<b>S&amp;P 500</b>				1,418.30	17%			1,431.81	1,219.29	1,400.63	1,418.30	1%	0%
<b>NASDAQ COMPOSITE</b>				2,415.29	11%			2,470.95	2,012.78	2,431.77	2,415.29	-1%	0%

NOTES: \*WHLV.OB symbol is now FVRG.OB

\*\* Foreign Stocks Converted to US dollars